

NOODLE BAR

MEAL EXCHANGE MENU

RAMEN BOWL

Your choice of broth,
1 protein, 3 vegetables,
and 2 garnishes

COLD NOODLE SALAD

Sweet potato noodles with
a variety of vegetables

RICE BOWL

Your choice of rice,
1 protein, 3 vegetables,
and 2 garnishes

BUILD YOUR OWN | \$12.99

BASE or BROTH

BASE

Sticky Rice 120cal

Fried Rice 120cal

Rice Noodles 100cal

BROTH

Curry Chicken 60cal

Miso Soup 25cal

Beef Broth 10cal

PROTEIN

Montreal Grilled Chicken
160cal | +\$2.28

Beef Bulgogi 190cal | +\$5.04

Pork Belly 130cal | +\$2.00

Tofu 90cal | +\$3.92

Fried Egg 90cal | +\$1.24

TOPPINGS

Corn 25cal

Sliced Red Onion 45cal

Scallions 10cal

Pickled Carrot & Daikon
60cal

Soy Shiitake 140cal

Jalapenos 0cal

Bean Sprouts 0cal

GARNISHES

Ginger 10cal

Garlic 15cal

Gochujang 70cal

Cilantro 5cal

Sambal 0cal

Chopped Peanuts 170cal

SIDES

Pho Noodle Soup 250cal | \$3.68

Bahn Mi 940cal | \$9.99

Dumplings 80cal | \$0.96 each

Ramen Noodles 370cal | \$3.24

2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.